

## Nordic Combined

A winter sport in which a team of four athletes compete in cross-country skiing and ski jumping.

The sport consists of three main events, a small hill individual event, a large hill individual event and the team event. Nordic Combined is one of the oldest Olympic events.

## Short Track speed Skating

Short track skaters race on a 111.12-meter oval iced track.

Short track skaters start with four to eight skaters.

Racers always skate counterclockwise.

## Skeleton

Skeleton sledding is typically done on the same courses used for bobsledding. The rider is on a small sled in a headfirst, prone position. The sled has no steering mechanism or brakes and is controlled by the rider's dragging a foot on the ice and subtly shifting his or her weight.

