

Free Style Skiing

A winter sport that combines skiing and acrobatics. It combines speed, showmanship and the ability to perform aerial maneuvers.

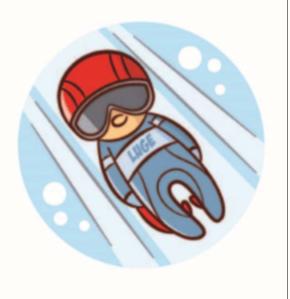
Freestyle skiing focuses on acrobatics and includes three events: acro, aerials and moguls.



Ice Hockey

A winter game played on an ice rink between two teams of six skaters.

The object of the game is to drive a small rubber disk (the puck) into the opposing goal with hooked or angled sticks.



Lunge

A sport in which one sleds supine (face up) and feet-first on a small sled.

The rider or luger steers by using their calf muscles to flex the sled's runners or by exerting opposite shoulder pressure to the seat.