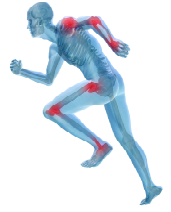
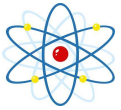


Nombre: _____



10 Minutes with Science

The Navel



The belly button, or navel, is a small part of your body on your abdomen. All humans have a belly button, whether young or old. It is a reminder that at some point you were connected to your mother. This is because your body was attached to your mother's with an umbilical cord.

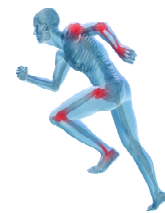
The umbilical cord usually measures about 50 centimeters and is tube-shaped. It may be a little longer or shorter in different people.

Just after you are born, the doctors cut the umbilical cord. and after a few days a small scar stays on your abdomen.

When the umbilical cord is cut at birth, a small part of it stays on you for a few days until it dries up and falls off. The navel is the scar that remains on your abdomen where the umbilical cord was.

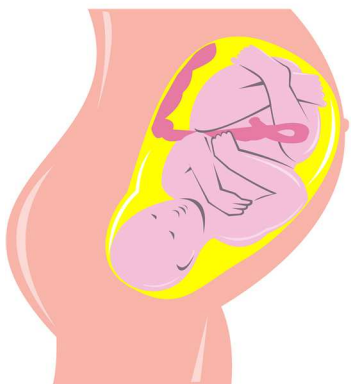
Each person has a belly button with a different shape. Some navels stick out, like a button. Others go in, like a small crease or hole. There are no pretty or ugly belly buttons, they are all different.





10 Minutes with Science

The truth is that after birth, the navel is useless, it is not a vital organ, and has no important function. It is just a nice reminder that during a brief time in our lives it was the bond providing nutrition between you and your mother.



Because of the umbilical cord, the baby could feed while in the womb. It allowed the baby to receive the nutrients and oxygen needed for it to grow inside its mother. Once the baby leaves its mother's womb after delivery, it no longer needs this means of food transportation, so the doctors cut the cord.

Some people adorn their navels with metal gadgets or earrings, called piercings. They only have a purely aesthetic function.

To maintain proper hygiene in the navel, it is advisable to wash it with soap and water while you bathe and when finished dry it well with a towel.



Name: _____

ANSWER THE QUESTIONS



1. **What's the belly button for?**
 - a. For the breath that connects with the mother.
 - b. For digestion through the mother.
 - c. For touch through the mother.
 - d. All answers are incorrect.
2. **What is the shape of the umbilical cord and how much is approximately measured?**
 - a. It is tube-shaped and measures approximately 50 grams.
 - b. It is cone-shaped and measures approximately 50 centimeters.
 - c. It is tube-shaped and measures approximately 50 centimeters.
 - d. It is cube-shaped and measures approximately 50 centimeters
3. **How are the umbilical cord and navel related?**
 - a. Both are for baby nutrition.
 - b. The navel is the scar of the umbilical cord when it is cut.
 - c. The umbilical cord stays and the navel is cut off.
 - d. All answers are correct.
4. **Not everyone has a belly button, some retain their umbilical cord.**
 - a. Tru
 - b. False
5. **What should you do to maintain belly button hygiene?**
 - a. Wash it with soap and water and dry thoroughly with a towel.
 - b. Rub your belly button with soap.
 - c. Put an earring or piercing on your belly button.
 - d. Drink plenty of water and rest well in the evenings.