

Name _____

Date _____



Time to Relax

I always read a little before going to bed. I sleep very well when I do it. Reading helps me relax. Today I am going to read a new book.

According to the text:

1. What is the title of the story? _____
2. What do I do before going to bed? _____
3. What am I going to read today? _____
4. Why do I like to read before going to bed? _____
5. When do I like to read? _____

True or False:

6. I always read before going to bed. _____
7. I always read the same book. _____
8. Today I am going to read a new book. _____

Fill in the missing words.

9. I always _____ a little before _____.
10. Reading helps me _____.
11. I sleep very _____ when I do it.

Write if it is opinion or fact.

12. There is nothing better than reading before going to sleep. _____
13. It is always good to read before going to sleep. _____
14. Today, I am going to read a new book. _____

