

WHAT IS THE AUTHOR'S PURPOSE?

You Must Drink Coffee!



Drink coffee. Coffee makes you feel happier. The National Institute of American Health discovered that people who drink about four cups of coffee a day are less likely to suffer from depression. This is because antioxidants and caffeine in coffee create that effect.

Drinking coffee can make your brain function more efficiently. Caffeine increases attention, logical reasoning, and alertness.

They also say that coffee can make you a better athlete. A cup of coffee before training helps in some sports, especially athletics and cycling. Also, caffeine increases fatty acids in the blood, allowing muscles to use fats as fuel.

For these reasons, you should start drinking coffee every day.

___ Persuade ___ Inform ___ Entertain



Name _____